

3-5's | W4

Today's Suggested Schedule—March 2026, Week 4

Today's Bible Story: Jesus Walks on Water • Matthew 14:22-33; Mark 6:45-52; Luke 6:16-21

Jesus can do anything.

Key Question: Who is amazing?

Bottom Line: Jesus is amazing.

Memory Verse: "We have seen amazing things today!" • Luke 5:26 NLT

Loud sounds, bright lights, and large groups can be overwhelming or overstimulating for some children. To create a more inclusive large group experience, consider offering adaptive tools like noise-canceling headphones, sunglasses, sensory-friendly items, or access to modified spaces.

Prelude: Setting the tone for the experience

See the **Getting Ready** pages at the end of this document for a detailed description of what you'll need for today.

In the **Prelude** folder of your curriculum, you'll find a variety of other resources to help you prepare.

Small Group (15 minutes)

Social: Providing time for fun interaction

Boats on the Waves

Move the Boats

Step by Step

Large Group (20 minutes)

Worship: Inviting people to respond to God

Story: Communicating God's truth in engaging ways

Worship

Bible Story

Prayer

Small Group (25 minutes)

Groups: Creating a safe place to connect

Walk in the Wind

Story in the Water

On Top of the Water

Plate Skate

Walk on Water

Journal and Prayer

Home: Prompting action beyond the experience

Going Home

Memory Verse Card

Parent Cue Card (print or email)

Parent Cue App

*Allergy Alert



Bible Story

Jesus Walks on Water • Matthew 14:22-33;

Mark 6:45-52; Luke 6:16-21

Jesus can do anything.

Key Question

Who is amazing?

Bottom Line

Jesus is amazing.

Memory Verse

We have seen amazing things today!" • Luke

5:26 NLT

15 min

Social

5 min

Boat on the Waves | Made to Move

What You Need

 "Boat on the Waves" Activity Page	1
 Avery® Labels #22807 or equivalent	Several
 8-ounce blue paper cups	1
 Silver paper plates	1

EveryChild Tips

Set up this activity on a table if that is better for mobility.



What You Do:

Before the Activity: Copy "Boat on the Waves" on label paper, one label per child. Place one sticker on the bottom of each cup, one per child. Create different wavy, water-line patterns on the wall with tape at child's height.

During the Activity: Encourage children to place their cup, open side flat to the wall, at the start of the line pattern. Ask children to move their cup along the wall without lifting it, as they follow the waves. Continue with each line. Repeat as desired.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Hello, everyone! Come join me over here, and let's sail the seas!"

During the Activity: "Everyone, look at the wall, it has lots of wavy lines on it. Let's pretend these are the waves in the water. Come place your cup against the wall like this. (*Demonstrate.*) You want to start at the beginning of the line and keep your cup flat on the wall as you move it along the waves like this. (*Demonstrate.*) Ready, sail away! Look at your boats sailing on the water. (*Pause.*) Great job following the waves up and down and all around. Once you get to the end of one wavy line, start again on another." (*Repeat as desired.*)

After the Activity: "That was a lot of fun watching you move your boats along the water. Today, we're going to hear a story about when the disciples were out on a boat and something amazing happened! Let's go hear all about it!"

5 min

Move the Boats | Made to Play

What You Need

▢ Paper food boats	1
▢ Turkey basters or empty plastic condiment bottles	1
▢ Table(s)	Several
▢ Optional EveryChild Supplies: Small handheld fan	1



EveryChild Tips

- Encourage children to use the small handheld fan in place of squeezing.

What You Do:

Before the Activity: Place several paper boats at one end of the table with the condiment bottles nearby.

During the Activity: Ask children to stand on either end of the table. Encourage children to position their turkey baster/condiment bottle behind the paper boat and squeeze it to create puffs of air to move the boat. The goal is to get your boat across the table. Continue as desired.

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Hello, hello! It's great to see you today! Come over to the table with me."

During the Activity: "Today we are going to try to move these paper boats from one side of the table to the other without using our hands. Let me show you how! (Demonstrate. Reset the boat and give children a turkey baster/condiment bottle.) Point the turkey baster/condiment bottles behind the boat and squeeze the end of the baster/middle of the bottle so that air shoots out. That air makes the boats move! Now it's your turn! Move those boats! (Pause.) Wow! Look at your boats go! Friends on the other end, move the boats this way! (Repeat as desired.) That was fun!"

After the Activity: "Today, we'll hear a story about when the disciples were out on a boat in the water and Jesus did something amazing! Let's go hear what amazing thing Jesus did."

5 min

Step by Step | Made to Imagine

*Uses Minimal Supplies

What You Need

2	Travel pillows
1	Painter's tape
Several	Optional EveryChild Supplies:- Tape large paper "stones" to the floor for children who need stable ground instead of pillows.



EveryChild Tips

- Use taped paper "stone" on the ground instead of pillows so children don't have to balance. This option also allows children to walk or roll across the stones.

What You Do:

Before the Activity: Make two straight tape lines on the floor about 5 feet apart.

During the Activity: Ask children to sit near the tape line. Demonstrate how to step on one pillow, put the other pillow in front of that one, and then step on it. Move the pillow from behind in front of the one you're standing on and so forth, until you get to the finish line. Call one child at a time to come to the start line. Give child two pillows and have them walk on the pillows to the finish line without stepping on the floor. Celebrate each child as they finish!

After the Activity: Introduce the Bible Story.

What You Say:

Before the Activity: "Friends, today we're going to play a game where we walk across the water. We'll use pillows to help us walk because we can't touch the floor."

During the Activity: "Let me show you how to use the pillows to walk across. (Demonstrate) [Child's name], come over and let's see if you can step, step, step all the way across. You've got it! Step, step, step! Keep moving your pillows. Great job! Take the pillows to [child's name], and they can have a turn. (Continue until each child has a turn.) You did it! Hooray!"

After the Activity: "In today's true story from the Bible, Someone really walks on the water! It's an amazing story! Let's go hear all about it!"

30 min

Groups

5 min

Walk in the Wind | Made to Move *Uses Minimal Supplies

What You Need

• Paper plates	Several
• Painter's tape	Several

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

What You Do:

Before the Activity: Use painter's tape to create two long lines about three feet apart. Say the Memory Verse and do the motions together with the children. Ask children to line up on either tape line and give each child a paper plate.

During the Activity: Ask one child to walk down the middle of the lines as the other children wave their plates back and forth to create wind. Say the verse together as each child walks through. Continue until every child has a turn to walk or move down the middle.

After the Activity: Connect the Memory Verse to the Bottom Line.

What You Say:

Before the Activity: "Hello friends! Come, let's say our verse together as we do the motions. Ready? 'We have seen (point to self) amazing things today!' (Hands like binoculars, open and shut.) Luke 5:26 (open hands like a book). Super! Now come stand on the tape lines."

During the Activity: "[Child's name], you come stand here. (Position at the beginning of the tunnel.) Each of my friends on the tape lines will get a plate. You'll use them like this. (Demonstrate) We are going to make the wind as [child's name] walks through. Ready, set, and fan your plates. [Child's name] walk through. Everyone, say the verse with me: 'We have seen amazing things today!' Luke 5:26. Whoa! That was really windy, but you made it through! Now [child's name], it's your turn to walk through. (Continue with each child.) Great job, everyone."

After the Activity: "The Bible teaches us that Jesus can do anything because **[Bottom Line] Jesus is amazing!** In today's true story from the Bible, Jesus did something amazing: Jesus walked on water!"

Who is amazing? [Bottom Line] Jesus is amazing. One more time. **Who is amazing? [Bottom Line] Jesus is amazing.**"

5 min

Story in the Water | Made to Play

What You Need

Little People®	Several
Toy boat	Several
Shallow container	Several
Water	Several
Paper cups	Several
Turkey baster/empty, condiment bottle	Several
Plastic tablecloth	Several
Freezer	1



EveryChild Tips

- Have children sit in chairs wearing the character necklaces if standing is challenging.
- Use lightweight, soft props for children who may not want to hold harder items like a plastic coin or fish.
- Show story images as visual cue cards to remind children what happens next in the story.

What You Do:

Before the Activity: The night before, pour about an inch of water into two paper cups and freeze. Spread out the tablecloth and put the paper towels nearby. Pour about an inch of water into the container and place it on top of the tablecloth. Remove the frozen pucks from the cups and put them in the container, one on either side of the container. Place a few toy people in the boat and place it in the water.

During the Activity: Use all the items to reenact the story.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Hello, hello, friends! Come over and sit with me. I have a fun way for us to review today's Bible Story."

During the Activity: "Jesus told His friends, the disciples, to get into a boat and go across the lake. The disciples did what Jesus said (*move the boat to the middle of the container*), and Jesus went up on a mountain to pray. When the disciples were in the middle of the lake (*blow the water with the baster/bottle*), the wind started blowing stronger and stronger, and waves splashed against the boat. The boat was rocking back and forth. It was a big storm! But in the middle of the storm, the disciples saw Someone walking to them on the water. (*Put the Jesus figure in the water on top of the ice puck on the left side of the container*.) They were so afraid! But then the Person said, "Don't be afraid," He said. "Take courage. I am here!" It was Jesus walking on the water towards them. (*Move Jesus toward the boat*.) Then Peter, one of the disciples, called to Jesus and said, 'If it's really you, Jesus, tell me to come to you.' So Jesus did. Peter got out of the boat (*take the Peter figure out of the boat, place him on the ice puck on the right side and walk him to Jesus*) and walked on the water to Jesus.

"But the wind was still blowing! And the waves splashed all around him. When Peter looked at the wind and the waves, he became afraid, and he began to sink. (*Take Peter off the ice puck and put him in the water*.) Peter cried out, 'Save me, Lord!' Jesus grabbed Peter. (*Put Jesus and Peter into the boat*.) As soon as they climbed back into the boat, the wind and the waves stopped. The big storm was over!

"The disciples were amazed! They knew that Jesus was so powerful. They knew no one else could do what Jesus did."

After the Activity: "Wow! The disciples saw Jesus walk on the water. They saw Jesus stop the big storm. They knew that Jesus could do anything because **[Bottom Line] Jesus is amazing! Who is amazing? [Bottom Line] Jesus is amazing!**"

5 min

On Top of the Water | Made to Think *Uses Minimal Supplies

What You Need

◻ Clear plastic bowl	1
◻ Water	1
◻ Paper clips	1
◻ Tissue paper squares	1
◻ Paper towels	Several
◻ Plastic tablecloth	Several

What You Do:

Before the Activity: Cover the table with the tablecloth. Fill the bowl with water and place it on the table.

During the Activity: Show children a paper clip, then drop it into the water and watch it sink. Place a small square of tissue paper gently on top of the water. Carefully set a paper clip on the tissue paper and watch as the tissue sinks and the paper clip stays floating on the surface. Repeat as desired.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends, gather round and let's do a science experiment!

During the Activity: "What do you think will happen if I put this paper clip in the bowl. (Pause for responses.) Let's see. (Drop the paperclip in the water.) Oh no! It sank. Let's try again. (Drop another paper clip.) It sank too! Let's try something. (Gently lay a tissue paper square on the water.) Look! This tissue paper is floating. Do you think the paperclip will float too if we lay it on the tissue? (Pause for responses.) Let's give it a try! (Lay the paperclip on the tissue.) Look at that! The tissue sank, but the paperclip is floating! It didn't sink! Let's try it again! (Repeat as time and interest allow.) That was a super cool experiment! It reminds me of today's story."

After the Activity: "Peter saw Jesus walking on water, and that seemed impossible! But nothing is too hard for Jesus! Jesus can do anything because **[Bottom Line] Jesus is amazing! Who is amazing? [Bottom Line] Jesus is amazing!**"

5 min

Plate Skate | Made to Move

What You Need

-  Paper plates 2
-  This month's music 1
-  Music player 1



EveryChild Tips

- Move around the room in different ways so all children can participate.

What You Do:

Before the Activity: Gather children in an open area.

During the Activity: Give each child a paper plate. Ask the children to place the paper plate on the ground and place one of their feet on it. Now, have children move their foot back and forth to move their plate. Show children how to move around the room without picking their foot up off their plate and using it to skate on. Once they feel confident in the movement, go on pretend traveling adventures around the room. Let the children choose some places to pretend to go and point to where it is in the room so they can all go together.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "I have a fun way for us to get from this side of the room to that side of the room. Are you ready?"

During the Activity: "Alright, take your paper plate and put it on the ground. (Pause.) Now place one of your feet on your plate. Now, move it back and forth like this. (Demonstrate.) Now, let's try moving with our plate without picking up our foot and bringing our plate with us like a skate. I think we're ready for our adventure! Let's move over there! Ready, move! (Pause.) Great job! Now, let's move back over there! Ready, move! (Pause.) Amazing! When we were skating, it made me think of our story today."

After the Activity: "The disciples were in a boat out in the middle of the lake when a big storm started. The winds blew, and the waves splashed and rocked the boat. Then they saw Someone walking to them on the water! They were so scared! But it was Jesus walking on the water to them! That's amazing! Peter called out to Jesus and said, 'If it's you Jesus, call me out onto the water,' so Jesus did. Peter got out of the boat and walked on the water to Jesus. But when he looked at the wind and the waves, he became afraid and began to sink. Jesus grabbed Peter from the water, and as soon as they got back into the boat, the wind and the waves stopped. The big storm was over! The disciples were amazed! They knew that Jesus was so powerful and that no one else could do what Jesus did because

[Bottom Line] Jesus is amazing! Who is amazing? [Bottom Line] Jesus is amazing!"

5 min

Walk on Water | Made to Create

What You Need

Walk on Water" Activity Page	1
"Jesus and Peter Walk" Activity Page	1
Cardstock	1
Crayons or washable markers	Several
Glue stick	Several
Scissors	Several
Permanent marker	1



EveryChild Tips

- Move around the room in different ways so all children can participate.

What You Do:

Before the Activity: Copy "Walk on Water" on cardstock, one per child and leader. Copy "Jesus and Peter Walk" on cardstock and cut, one set of cutouts per child and leader. Cut along the dotted line on each child's paper. Write each child's name on their paper, fold along the lines, and then lay flat. Create an example.

During the Activity: Encourage children to color their paper and pictures of Jesus and Peter. Help children glue Jesus to the left of the boat and Peter to the right side of the boat. Help fold papers as needed to make the boat pop out and bring Jesus and Peter closer to each other.

After the Activity: Connect the Bottom Line to the Bible Story.

What You Say:

Before the Activity: "Friends, come to the table and let's make some super cool story art to help us remember today's true story from the Bible!"

During the Activity: "Color your picture of the boat and the water, and your picture of Jesus and Peter. (Pause.) Turn over your picture of Jesus and rub some glue on it. (Pause.) Great! Glue Jesus here (point) on your paper. (Pause.) Now turn over the picture of Peter and rub glue on it. (Pause.) Glue Peter here (point) on your paper. (Pause.) Now watch! (Fold the paper together to move Jesus and Peter closer together.) Amazing!"

After the Activity: "In our story, the disciples were out in a boat in the middle of a lake when a big storm started. Then they saw Someone walking toward them in the middle of the storm. The disciples were so afraid. But it was Jesus! Peter said, 'If it's really you, call me out on the water, and Jesus did.' When Peter was out on the water with Jesus, he got scared when he heard the wind and waves splashing around him and started to sink. But Jesus pulled him out of the water, and when they got into the boat, the storm stopped. It was over. Wow! The disciples were amazed! They knew that Jesus was so powerful and no one else could do what Jesus did. They knew that Jesus could do anything because **[Bottom Line] Jesus is amazing! Who is amazing? [Bottom Line] Jesus is amazing!"**

5 min

Journal and Prayer | Made to Reflect

What You Need

- "Memory Verse Card" from the Home folder 1
- Journal 1
- Fun-shaped pen 1
- "All-Star Stickers" Activity Page 1
- Avery® Labels #6450 or equivalent 1

Note: You can find examples of hand motions in the "Memory Verse Hand Motions" PDF and video, included in the Prelude folder and on Pinterest.

What You Do:

Before the Activity: If you do not have the "Memory Verse Card" from Week One, copy "Memory Verse Card" from the Home folder on cardstock and cut one per Small Group. Place one card in your Bible at Luke 5:26. *Note: Keep this card in your Bible all month long.* Copy "All-Star Stickers" on label paper, one sticker per child.

Encourage the children to pretend to splash in water puddles as you lead them to your Small Group spot. Sit down and gather the children around you.

During the Activity: Review the Memory Verse and Hand Motions. Then, write Jesus in large letters and encourage children to add "All-Star Stickers" around Jesus' name.

After the Activity: Pray with the children.

What You Say:

Before the Activity: "It's Small Group time! Today we are going to pretend we are jumping in water puddles while we walk to our small group spot. Splash, splash, splash! (*Jump in place while saying "splash."*) Who's ready to jump and splash with me? (*Pause.*) Yay! Follow me! (*Say "splash" each time you jump as you lead the children to your Small Group spot.*) One last splash! (*Jump in place!*) Now, let's sit down and talk about today's Bible Story. One, two, three, sit down with me!"

During the Activity: (*Open the Bible and lay it in front of the children.*) "We can splash in water, but we can't walk on water. Only Jesus can do that, because Jesus is God's Son. What did Peter want to do when he saw Jesus walking on water through the storm? (*Pause.*) Yes, Peter wanted to walk on water too. And Peter did walk on water when he was looking at Jesus, but when he started looking around at the wind, what happened? (*Pause for responses.*) That's right, he started sinking! But Jesus saved Peter and got him back in the boat. And when they got into the boat, the storm stopped. **[Bottom Line] Jesus is amazing!** That's why when I ask you, '**Who is amazing?**' you can say, **[Bottom Line] 'Jesus is amazing!'** Ready? **Who is amazing?** **[Bottom Line] Jesus is amazing!**

"The Bible verse we're learning says: 'We have seen (*point to self*) amazing things today!' (*Hands like binoculars, open and shut.*) Luke 5:26 (*open hands like a book.*) Let's say that together! Just stand up and say what I say and do what I do! 'We have seen (*point to self*) amazing things today!' (*Hands like binoculars, open and shut.*) Luke 5:26 (*open hands like a book.*)

"Way to go! Now let's sit down so we can add something special to our prayer journal and talk to God. (*Open journal.*) Today, I am going to write Jesus in really big letters. (*Write big, block letters in the middle of the page.*) We are learning about the amazing things Jesus has done. I have these fun stickers we can add around Jesus' name. These stickers say things like: Wow! Amazing! You're #1. Pick a sticker and I'll read what it says as you put it on the page in our journal. (*Read the words on the stickers as each child places their sticker.*) Our journal page looks fantastic! All these stickers show how amazing Jesus is!"

After the Activity: "Thanks for helping me create such an amazing page in our journal. (*Hold up the journal for the children to see.*) Would anyone like to pray before I pray? (*Give each child who wants to pray the opportunity to do so.*) Dear God, thank You for loving us so much that You sent Jesus to be our AMAZING friend forever. Jesus really is amazing. He can do things no one else can! We love You, God. In Jesus' name, Amen."

Supplies

Boat on the Waves | Made to Move

	Quantity
1. "Boat on the Waves" Activity Page	1
2. Avery® Labels #22807 or equivalent	Several
3. 8-ounce blue paper cups	1
4. Silver paper plates	1

Move the Boats | Made to Play

	Quantity
1. Paper food boats	1
2. Turkey basters or empty plastic condiment bottles	1
3. Table(s)	Several
4. Optional EveryChild Supplies: Small handheld fan	1

Step by Step | Made to Imagine *Uses Minimal Supplies

	Quantity
1. Travel pillows	2
2. Painter's tape	1
3. Optional EveryChild Supplies: Tape large paper "stones" to the floor for children who need stable ground instead of pillows.	Several

Walk in the Wind | Made to Move *Uses Minimal Supplies

	Quantity
1. Paper plates	Several
2. Painter's tape	Several

On Top of the Water | Made to Think *Uses Minimal Supplies

	Quantity
1. Clear plastic bowl	1
2. Water	1
3. Paper clips	1
4. Tissue paper squares	1
5. Paper towels	Several
6. Plastic tablecloth	Several

Plate Skate | Made to Move

	Quantity
1. Paper plates	2
2. This month's music	1
3. Music player	1

Walk on Water | Made to Create

	Quantity
1. "Walk on Water" Activity Page	1
2. "Jesus and Peter Walk" Activity Page	1
3. Cardstock	1
4. Crayons or washable markers	Several
5. Glue stick	Several
6. Scissors	Several
7. Permanent marker	1

March - Week 4

Story in the Water | Made to Play

Quantity

1. Little People®	Several
2. Toy boat	Several
3. Shallow container	Several
4. Water	Several
5. Paper cups	Several
6. Turkey baster/empty, condiment bottle	Several
7. Plastic tablecloth	Several
8. Freezer	1

Journal and Prayer | Made to Reflect

Quantity

1. "Memory Verse Card" from the Home folder	1
2. Journal	1
3. Fun-shaped pen	1
4. "All-Star Stickers" Activity Page	1
5. Avery® Labels #6450 or equivalent	1